



GLENWOOD HOT SPRINGS

News Release

Time to Relax and Rejuvenate Colorado-style at Glenwood Hot Springs

with Spa and Lodging Packages

Time may be the most precious commodity of all: time away, time to relax, time to indulge, time for self, time with loved ones. Everyone knows time can't be bought, only spent. For time well spent, consider one of several get-away packages at the Glenwood Hot Springs.

Glenwood Springs, CO (February 11, 2009) - The opportunity to rest, relax and rejuvenate body, mind and soul awaits guests at the Glenwood Hot Springs Lodge and the Spa of the Rockies in Glenwood Springs, Colorado. Carefully thought-out spa and lodging packages combine quality accommodations, revitalizing spa treatments, unlimited admission to the world's largest hot springs pool, and complimentary continental breakfast. All packages are based on double occupancy.

Take time to nurture. The three-day, two-night Rejuvenation Package starts with a Signature Mineral Body Polish which incorporates a unique blend of 34 minerals that help promote wellness and vitality. This luxurious body treatment is then followed by a soothing 50 minute Swedish massage. Cozy accommodations at the Glenwood Hot Springs Lodge are just steps away and offer guests a quiet respite at the end of the day. Rates for this weekend retreat begin at \$364.

Take time to indulge. The Body & Soul Reconnect Package is a two-night, three-day mini vacation. This package offers guests the choice of a room with either two queens or one king size bed. Spa treatments focus on couples. Two 50-minute Rockies River Warm Stone massages help melt away muscle tension and create a feeling of total well-being. Guests will also be treated to two 80-minute Spa of the Rockies Spirit Purification Ritual Body Treatments which incorporate custom-blended aromatherapy scents to inspire the spirit and nourish the soul. This spa-intensive special starts at \$736.

Take time together. Experience the relaxation and romance that evokes the passion of a love story with the Enchanted Evenings Package. In addition to lodging, couples can escape the everyday beginning with Mineral Baths in claw-footed bath tubs, followed by 50-minute Classic Swedish Massages. Ask for one of the Spa of the Rockies romantic couple's rooms. Finally, rendezvous at Juicy Lucy's Steakhouse, one of Glenwood's most popular restaurants, and enjoy a \$50 gift card towards a delicious and memorable meal. This romantic retreat starts at only \$359 with no minimum nights stay.

Take time to readjust. There's a new number to remember. It's 5746 – the elevation of Glenwood Springs and the name of the newest way to relax and readjust at a phenomenal price – The Elevation Package. Why wait for the weekend to get away? For only \$57.46 a night, per person guests will enjoy great value, comfortable rooms, hot springs and more. Consider adding the High Altitude Adjustment massage at the Spa of Rockies to boost your experience to new heights.

Many spa treatments can be enjoyed in rooms designed especially for couples. In-room fireplaces, scented candles, and soothing music create a memorable atmosphere for twosomes. Ask for couples rooms when making reservations at the Spa of the Rockies.

For more information about Glenwood Hot Springs and to make reservations for any of the abovementioned packages, call the Glenwood Hot Springs Lodge at 800-537-SWIM (7946) or go online at www.hot springspool.com. All package rates are based on double occupancy.

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For an online press kit, press releases, live web cam, and downloadable photos click on [Hot Springs Press Room](http://www.hot springspool.com/x.php?p=PressRoom)
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couples massage at Spa of the Rockies



rejuvenating packages available



soak in the largest mineral hot springs pool in the world

About Glenwood Hot Springs

Established in 1888, Glenwood Hot Springs resort is situated next to the Colorado River and surrounded by the Rocky Mountains. The Glenwood Hot Springs Pool is the largest thermal mineral pool in the world, measuring over two blocks long. The heated waters are 90°-93°F (32°-34°C) in the large pool and 104°F (40°C) in the smaller, therapy pool.

New in 2008, the Spa of the Rockies features eight facial/massage rooms including two couples suites, five hydrotherapy tubs, and one Vichy shower hydrotherapy room. Manicure and pedicure services are also offered. The focus is on wellness and natural health practices, which has a deep-rooted history at this facility.

The resort also includes the 107-room Glenwood Hot Springs Lodge, Glenwood Hot Springs Athletic Club, Glenwood Hot Springs Sport Shop, Glenwood Hot Springs Grill, and a challenging miniature golf course. The Glenwood Hot Springs is located in Glenwood Springs, Colorado, between Aspen and Vail, 165 miles west of Denver and 90 miles east of Grand Junction on Interstate 70 off exit 116 at 401 North River Road.

800-537-SWIM (7946) or 970-947-2955
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