



Glenwood Hot Springs Athletic Club Fact Sheet

Facilities:	<ul style="list-style-type: none"> movement studio equipped with Pilates chairs and reformers Yoga classes and therapy whirlpool sauna steam room full-circuit strength-training equipment free weights champion racquetball and handball courts cardiovascular equipment aerobic and group fitness classes personal trainers and instructors locker rooms, towel service and amenities private sun deck
Total Members:	1100
Daily Rates:	Includes access to Hot Springs Pool, must be 21 years of age or older
<u>Walk-ins</u>	\$ 30.00
<u>Lodge Guest</u>	\$ 10.00
<u>Punch Card</u>	\$140.00 for six visits, transferable
Hours: <u>Monday through Friday</u>	6:15 AM – 10:00 PM
<u>Saturday and Sunday</u>	8:45 AM – 10:00 PM Labor Day – Memorial Day Weekend
<u>Saturday and Sunday</u>	7:30 AM – 10:00 PM Memorial Day Weekend – Labor Day



GLENWOOD HOT SPRINGS

Ann Denney, Director of Sales & Marketing
 Glenwood Hot Springs
 970-945-3324
adenney@hotspringspool.com

Vicky Nash, Public Relations
 Resort Trends, Inc.
 970-948-4923
pr@hotspringspool.com

For more information on Glenwood Hot Springs, call 1-800-537-SWIM (7946) or visit www.hotspringspool.com. Current press releases, a complete press kit, photos, videos, and a live web camera are available at www.hotspringspool.com/x.php?p=PressRoom. Glenwood Hot Springs is located in Glenwood Springs, Colorado, between Aspen and Vail, 165 miles west of Denver and 90 miles east of Grand Junction on Interstate 70 off exit 116 at 401 North River Road.